EXHIBIT E

Defective Bone Formation and Anabolic Response to Exogenous Estrogen in Mice with Targeted Disruption of Endothelial Nitric Oxide Synthase*

KATHARINE E. ARMOUR, KENNETH J. ARMOUR, MARIE E. GALLAGHER, AXEL GÖDECKE, MIEP H. HELFRICH, DAVID M. REID, AND STUART H. RALSTON

Department of Medicine and Therapeutics, Foresterhill, University of Aberdeen Medical School, Aberdeen, AB25 2ZD, United Kingdom; and Institüt für Herz- und Kreislaufphysiologie (A.G.), Heinrich-Heine-Universität, 40225 Düsseldorf, Germany

ABSTRACT

Nitric oxide (NO) is a pleiotropic signaling molecule that is produced by bone cells constitutively and in response to diverse stimuli such as proinflammatory cytokines, mechanical strain, and sex hormones. Endothelial nitric oxide synthase (eNOS) is the predominant NOS isoform expressed in bone, but its physiological role in regulating bone metabolism remains unclear. Here we studied various aspects of bone metabolism in female mice with targeted disruption of the eNOS gene. Mice with eNOS deficiency (eNOS KO) had reduced bone mineral density, and cortical thinning when compared with WT controls and histomorphometric analysis of bone revealed profound ab-

normalities of bone formation, with reduced osteoblast numbers, surfaces and mineral apposition rate. Studies in vitro showed that osteoblasts derived from eNOS KO mice had reduced rates of growth when compared with WT and were less well differentiated as reflected by lower levels of alkaline phosphatase activity. Mice with eNOS deficiency lost bone normally following ovariectomy but exhibited a significantly blunted anabolic response to high dose exogenous estrogen. We conclude that the eNOS pathway plays an essential role in regulating bone mass and bone turnover by modulating osteoblast function. (Endocrinology 142: 760–766, 2001)

ITRIC OXIDE (NO) is a pleiotropic signaling molecule that has potent effects on osteoblast and osteoclast activity in vitro (1). Bone cells produce NO in response to a variety of stimuli including proinflammatory cytokines (2-6), mechanical loading (7), fluid flow (8, 9), and estrogen (10). Studies in vitro have indicated that NO has biphasic effects on both osteoclast (5, 11, 12) and osteoblast activity (2, 6, 13), whereas studies in vivo have suggested a possible role for constitutive NO production in regulating bone mass and bone turnover (14-19). Endothelial nitric oxide synthase (eNOS) is the isoform most widely expressed in bone, but its role in regulating bone metabolism remains unclear because the inhibitors that have generally been used to probe NOS function have inhibitory effects on all NOS isoforms and inhibitory effects on other L-argininedependent metabolic pathways distinct from NOS (20). In view of this, we attempted to clarify the role of the eNOS pathway in regulating bone turnover, by investigating various aspects of bone metabolism and bone cell function in mice with targeted disruption of the eNOS gene.

Materials and Methods

Animals

Mice with targeted inactivation of eNOS were generated as previously described by Gödecke and colleagues (21) by deleting the se-

quences coding for the NADPH binding site in exons 24 and 25 with a neomycin-resistant cassette. E14–1 embryonic stem cells targeted with the eNOS gene construct were microinjected into blastocysts of C57BL/6 mice to generate chimeric animals. Male chimeric animals were bred with female C57BL/6 mice for 7 generations to establish homozygous inbred lines of eNOS deficient mice (eNOS KO) and wild-type (WT) C57BL/6 controls. All experiments were performed in accordance with UK Home Office guidelines on 8-week-old adult female mice unless stated otherwise.

Bone mineral density measurements

Measurements of volumetric bone mineral density (BMD) were performed by peripheral quantitative computed tomography (pQCT) with an XCT Research M pQCT bone densitometer (Stratec Medizintechnik, Pforzheim, Germany) using a voxel size of 100 μ m and software version 5.14. Quality assurance measurements were performed daily with a plexiglass coated (PVC) phantom according to the manufacturer's instructions. Ex vivo measurements were carried out on the left tibial bones and calvarial bones of mice that had been dissected free of soft tissues. In vivo measurements were performed at the tibial metaphysis of mice which had been anesthetized with 0.2% Rompun (Bayer plc, Bury St Edmonds, UK) and 10 mg/ml Vetalar V (Pharmacia & Upjohn, Inc., Crawley, UK), with the animals placed in a prostrate position on the scanning platform. All scans were performed at the proximal tibial metaphysis 0.9 mm distal to the growth plate. The precision of ex vivo BMD measurements was evaluated by performing 10 repeat measurements of the same bone after repositioning and was found to be 1.19% for total BMD, 3.53% for trabecular BMD, and 1.04% for cortical BMD. Corresponding figures for the in vivo measurements at the tibiae were 2.59%, 5.28%, and 1.76%. Measurements of bone length were made using Vernier calipers (Vaduz, Holland, PAV 0-25).

Bone histomorphometry

Histomorphometric measurements were performed on sections from the metaphysis of the left femur distal to the epiphyseal growth plate using a Leica Corp. Q500 MC image analysis system (Leica Corp., Cam-

Received July 25, 2000.

Address all correspondence and requests for reprints to: Professor S. H. Ralston, Department of Medicine and Therapeutics, University of Aberdeen Medical School, Foresterhill, Aberdeen, AB25 2ZD, United Kingdom. E-mail: s.ralston@aberdeen.ac.uk.

^{*}This study was supported by grants from the Arthritis Research Campaign (UK) and the Medical Research Council (UK).

bridge, UK). Bones were fixed in 4% buffered formalin/saline (pH 7.4) and embedded in methyl methacrylate. 4 μ m longitudinal sections were prepared, stained with Von Kossa and Paragon and read in the metaphysis, distal to the epiphyseal growth plate at 20× magnification. Histomorphometric variables were expressed as previously described (22). The mineral apposition rate (MAR) of bone was assessed on unstained decalcified cross-sections using fluorescent microscopy in femur obtained from 11-week-old mice that had received ip injections of 40 mg/kg calcein green (Sigma, Poole, UK) 10 and 4 days before they were killed.

Cell culture

Primary osteoblast cultures were established from neonatal eNOS KO and WT mice by sequential collagenase/EDTA digestion of calvarial bones, and cells cultured in 75-cm² flasks in \(\alpha\)-MEM with 10\% FCS until confluent. The cells were trypsinized and seeded into 96-well tissue culture plates at a density of 10\(^1\)/well in phenol rcd-free culture medium with charcoal stripped FCS and allowed to adhere overnight. Fresh medium containing test substances was added and the cultures were continued for 48 h. Cell growth was assessed by the 3-(4,5-dimethyl-thiazol-2-yl) (MTT) assay (Sigma) (23) and alkaline phosphatase activity in the cell layer was determined by a colorimetric assay using p-nitrophenol phosphate as a substrate (Sigma), as previously described (24), and corrected for cell number.

Ovariectomy and estrogen treatment

Bilateral ovariectomy (Ovx) was performed under general anesthesia. Sham ovariectomy (Sham) was similarly performed but with externalization and replacement of the ovaries. Estrogen treatment was delivered by sc implantation of 1 μg or 10 μg 17 β -Estradiol (E2) slow release pellets which deliver 0.047 μg and 0.476 μg estradiol per day for 21 days, respectively. Placebo pellets containing vehicle only were used as controls (Innovative Research of America, Sarasota, PL). These doses of estrogen are similar to those used by previous workers who have investigated the effects of exogenous estrogen on BMD in ovariectomized mice (25–27). BMD measurements were carried out immediately after Ovx or sham and these were repeated 21 days later on termination of the experiment. To correct for the effects of skeletal growth, changes in BMD and other variables during the 21-day study period were subtracted from the changes observed in sham operated animals of the same genotype.

Plasma 17B-estradiol measurements

Measurements of 17β -estradiol were made on blood samples obtained at cardiac puncture by RIA using a sheep polyclonal antibody (DPC Ltd., Llanberis, Wales, UK).

Statistical analyses

Statistical analyses were performed using SPSS, Inc. version 9.0. Between group differences were assessed by Student's I test for pairwise comparisons and ANOVA with Tukey's or Dunnett's post-test for mul-

tiple comparisons. Results of the cell culture experiments were analyzed by a General Linear Model (GLM) ANOVA using treatment and genotype as grouping variables. All data are presented as means \pm sem unless otherwise stated. Two-sided P values of less than 0.05 were considered significant.

Results

Bone mineral density and bone geometry

Studies of the tibial metaphysis by pQCT showed that 8-week-old eNOS KO mice had a 13.3% lower total BMD than age matched WT controls, due to a reduction in both cortical (6.5%) and trabecular components (18.3%) (Table 1). These abnormalities were accompanied by a significant reduction in cortical thickness, a significant increase in endosteal circumference, and a non-significant increase in periosteal circumference. The strength-strain index, which is a predicted biomechanical variable that reflects the bending strength of bone (28), was also significantly reduced in eNOS KO mice when compared with WT controls, consistent with the abnormalities of cortical width and endosteal circumference. The polar cross-sectional moment of inertia (pCSMI), which reflects the torsional strength of bone (28), was also lower in eNOS KO mice when compared with WT, but this difference was not significant. Similar abnormalities were observed on analysis of bones from 20-week-old animals (Table 1). Body weight in age matched eNOS KO and WT mice was similar $(21.84 \pm 0.48 \text{ g } vs. 22.61 \pm 0.63 \text{ g}; P = 0.34)$. Calvarial bones of 19-day-old eNOS KO mice also showed reduced total BMD values when compared with WT controls (308.7 \pm 7.3 $mg/cm^3 vs. 357.2 \pm 3.7 mg/cm^3 (P < 0.001).$

Bone histomorphometry

Histological examination of bone supported the pQCT results in showing evidence of osteopenia in eNOS KO mice when compared with WT controls (Fig. 1). Quantitative histomorphometry at the distal femoral metaphysis (Table 2) showed that eNOS KO mice had significantly reduced trabecular bone volume and cortical thickness when compared with WT as well as significantly reduced osteoblast numbers, osteoblast surfaces, and mineral apposition rate. There was no significant difference in osteoclast numbers or resorption surfaces between eNOS KO and WT mice, however (Table 2), suggesting that the reduction of bone mass was primarily

TABLE 1. Bone mineral density, skeletal geometry, and predicted biochemical properties of bone in eNOS KO and WT mice

pQCT Parameters (units)	WT	eNOS KO	WT	eNOS KO
	8 weeks		20 weeks	
Total bone density (mg/cm ³)	438.6 ± 9.5	380.4 ± 8.3 ^h	536.4 ± 11.8	468.1 ± 11.4"
Trabecular bone density (mg/cm³)	281.3 ± 10.7	229.8 ± 14.1°	209.7 ± 16.8	199.0 ± 8.5
Cortical bone density (mg/cm ³)	738.4 ± 11.7	690.3 ± 4.6^{b}	901.5 ± 7.7	840.7 ± 16.3"
Cortical thickness (mm)	0.187 ± 0.006	0.134 ± 0.013^{b}	0.172 ± 0.008	0.119 ± 0.015^{h}
Endosteal circumference (mm)	5.316 ± 0.150	$5.890 \pm 0.149^{\circ}$	5.154 ± 0.096	5.596 ± 0.214
Periosteal circumference (mm)	6.491 ± 0.124	6.730 ± 0.132	6.235 ± 0.113	6.342 ± 0.167
Polar cross-sectional moment of inertia (mm4)	0.740 ± 0.029	0.644 ± 0.051	0.670 ± 0.049	0.529 ± 0.05
Strength strain index (mm ³)	0.657 ± 0.020	0.510 ± 0.042^{b}	0.566 ± 0.042	0.413 ± 0.047^{a}

Ex vivo measurements of volumetric BMD were carried out using peripheral quantitative computed tomography on left tibiae that had been dissected free of soft tissues as described in the Materials and Methods section. Values represent means \pm SEM of 7 mice per group. Significant differences between eNOS KO mice compared with age-matched WT controls are represented by $^aP < 0.05$ and $^bP < 0.01$.



Fig. 1. Bone phenotype in eNOS KO mice. Four-micrometer longitudinal bone sections from the distal femur of eNOS KO and WT mice stained with Von Kossa and Paragon. A, WT. B, eNOS KO. Lower trabecular bone density and cortical bone thickness are observed in the eNOS KO mouse.

TABLE 2. Bone histomorphometric parameters of eNOS KO and WT femur

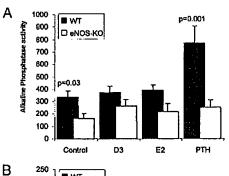
Bone Histomorphometric Parameters (units)	eNOS WT	eNOS KO	P value	
BV/TV (%)	30.81 ± 4.13	18.19 ± 2.51	0.023	
Trab.Th (mm)	0.017 ± 0.002	0.015 ± 0.001	0.398	
Ct.Th (mm)	0.162 ± 0.015	0.121 ± 0.009	0.047	
N.Ob.S (/mm)	3.85 ± 0.35	2.38 ± 0.47	0.027	
N.Ob (/mm²)	86.1 ± 30.1	38.5 ± 6.0	0.000	
Ob.S/BS (%)	4.72 ± 0.79	2.50 ± 0.47	0.033	
Osteoid width (µm)	5.37 ± 0.29	5.25 ± 0.41	0.818	
MAR (μM/day)	2.67 ± 0.30	2.02 ± 0.18	0.024	
N.Oc.S (/mm)	0.73 ± 0.09	0.91 ± 0.11	0.220	
N.Oc (/mm²)	16.0 ± 2.1	15.1 ± 2.0	0.746	
Oc.S (%)	3.65 ± 0.83	4.21 ± 0.74	0.623	
ES (%)	4.73 ± 0.94	5.53 ± 0.84	0.540	

Bone histomorphometry was performed on 4 μm longitudinal bone sections from age-matched eNOS KO and WT mice stained with Von Kossa and Paragon in 4–5 fields as described in the Methods section. The mineral apposition rate was measured in unstained decalcified cross-sections of femur. Abbreviations: trabecular bone volume/total tissue volume (BV/TV), trabecular bone thickness (Trab.Th), cortical bone thickness (Ct.Th), osteoblast number per bone surface unit (N.Ob.S), osteoblast number (N.Ob) and osteoblast surface (Ob.S/BS), mineral apposition rate (MAR), osteoclast number per bone surface unit (N.Oc.S), osteoclast number (N.Oc), active resorption surface (Oc.S) and total resorption surface (ES). Values represent means \pm SEM of seven bones per group.

due to a defect in osteoblast activity and bone formation, rather than an increase in bone resorption.

Cell culture

Alkaline phosphatase (AP) activity was significantly lower under all culture conditions (P < 0.0001) in eNOS KO cultures when compared with WT (Fig. 2A). Although PTH caused a 2.2-fold stimulation of AP activity in WT osteoblasts, there was no significant response in eNOS KO osteoblasts. 17 β -estradiol, 1,25 dihydroxyvitamin D3 and PTH (Sigma) had no significant effect on cell growth in either eNOS KO or WT cultures, but the growth of osteoblasts derived from eNOS KO animals was significantly depressed (P < 0.0001) when compared with WT under all culture conditions (Fig. 2B).



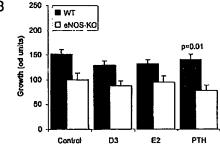


Fig. 2. Osteoblast function in eNOS KO and WT mice. A, Alkaline phosphatase activity (means \pm SEM) corrected for cell number in eNOS KO and WT osteoblasts. Significant pairwise differences for individual stimuli are indicated. The difference between genotypes was highly significant overall as assessed by ANOVA-GLM (P < 0.0001). B, Cell growth (means \pm SEM), assessed by MTT assay in eNOS KO and WT osteoblasts. Significant pairwise differences for individual stimuli are indicated. The difference between genotypes was highly significantly overall as assessed by ANOVA-GLM analysis (P = 0.019). The data shown are from three separate experiments with six replicate wells per experiment. E2, 17 β -estradiol 10⁻⁸ M; D3, 1,25 dihydroxyvitamin D3 10⁻⁸ M; PTH, 1–34 fragment of human recombinant PTH 4 \times 10⁻⁸ M.

Response to ovariectomy and exogenous estrogen

There was no significant difference between basal circulating concentrations of 17\beta-estradiol in eNOS KO and WT mice (103.6 \pm 19.0 рм vs. 101.9 \pm 9.5 рм; P=0.93). As expected, Ovx reduced BMD, BMC, and uterine weight and increased body weight when compared with sham, but there was no significant difference in the response of these variables between eNOS KO and WT mice (Table 3 and Fig. 3). Low dose estrogen (1 µg/21 days) partially prevented Ovx induced bone loss in both eNOS KO and WT mice but did not restore values to those observed in sham controls. High dose estrogen (10 µg/21 days) markedly increased BMD, BMC, cortical thickness, periosteal circumference, and pCSMI in both genotype groups, but the magnitude of the response was significantly blunted in eNOS KO animals when compared with WT (Figs. 3 and 4). Although eNOS KO mice had a reduced percentage gain in body weight with high dose estrogen, this was not significantly different from the response in WT. Moreover, the differences in anabolic response to high dose estrogen remained significant for trabecular BMD, total, trabecular and cortical BMC, cortical thickness, periosteal circumference, endosteal circumference, and pCMSI after correcting for changes in body weight by GLM ANOVA (data not shown).

TABLE 3. Response of body weight and uterine weight to ovariectomy and estrogen treatment in eNOS KO and WI mice

Treatment	Genotype	Sham	Ovx	Ovx + E ₂ (1 μg)	Ovx + E ₂ (10 μg)
Gain in body weight (%)	eNOS WT	9.1 ± 0.8	18.0 ± 0.9"	17.8 ± 3.2	12.8 ± 1.3
•	eNOS KO	8.0 ± 2.0	$18.3 \pm 2.0^{\circ}$	17.9 ± 2.2	$6.6 \pm 2.0^{\circ}$
Uterus weight (mg)	eNOS WT	75.8 ± 7.3	16.9 ± 2.5^{a}	15.6 ± 4.9	136.9 ± 25.2^{6}
3 , 3	eNOS KO	87.4 ± 7.0	$22.9 \pm 1.8^{\circ}$	36.4 ± 10.8	161.0 ± 20.1^{b}

Values represent means \pm SEM of 7-25 mice per group. Significant values are shown as $^{a}P < 0.01$ vs. Sham of same genotype, $^{b}P < 0.01$ vs. Oxx of same genotype.

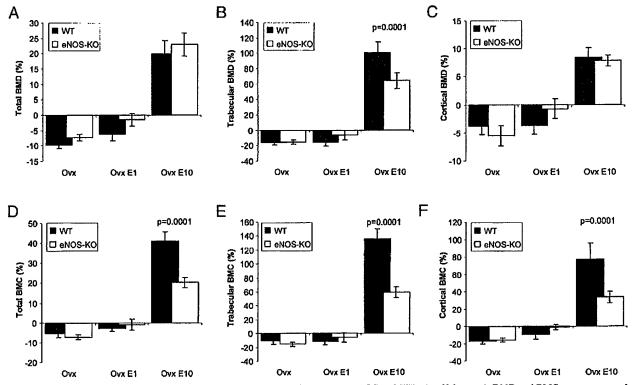


Fig. 3. Response of BMD and BMC to ovariectomy and estrogen replacement in eNOS and WT mice. Volumetric BMD and BMC were measured at the tibial metaphysis by pQCT in eNOS KO and WT mice undergoing ovariectomy (Ovx) and treatment with 1 μ g or 10 μ g estrogen pellets (Ovx E1 and Ovx E10). A-C, The response of BMD. D-F, The response of BMC. Values are means \pm SEM of 7-25 animals per group and are expressed as a percentage change in relation to the values observed in WT sham operated controls of the same genotype to correct for the effects of skeletal growth. Pairwise differences between eNOS KO and WT mice are indicated by the P values. There were significant differences for all BMC and BMD measurements between sham and Ovx (P < 0.01); sham and Ovx E10 (P < 0.001) within each genotype. Ovx E1 did not differ from Ovx for any measurement in either genotype group.

Discussion

Constitutive production of NO derived from the eNOS pathway has been suggested to play a role in regulating bone cell function and bone turnover. Several groups have shown that eNOS is the predominant isoform expressed in adult bone and bone-derived cells (29, 30), and studies in vitro (10) and in vivo (14) have indicated that eNOS may act as a mediator of estrogen actions in bone as well as the cardiovascular system (31). The physiological role of the eNOS pathway in bone has hitherto been difficult to assess, however, because the NOS inhibitors that have been used to probe NO function have inhibitory effects on all NOS isoforms and on L-arginine-dependent pathways other than the NOS pathway (20). This has resulted in marked discrepancies between in vitro studies such that constitutive NO production has been variously suggested to be

essential (13) or nonessential (32) for osteoblast function and to be essential (33) or inhibitory (16, 34) for osteoclast function depending on the model system and NOS inhibitor used. Studies of NOS inhibitors in vivo have also yielded conflicting results. For example, it has been suggested that constitutive production of NO may inhibit osteoclast activity and protect against ovariectomy induced bone loss on the basis that aminoguanidine caused accelerated bone loss in rats (16, 17). Other studies have shown that different NOS inhibitors such as L-NMMA and L-NAME have little or no effect on bone density, ovariectomy induced bone loss or osteoclast activity, however (14, 15, 17, 35). The use of mice with targeted inactivation of eNOS circumvents these problems and allows us to more clearly define the role that the eNOS pathway plays in regulating bone mass and bone turnover.

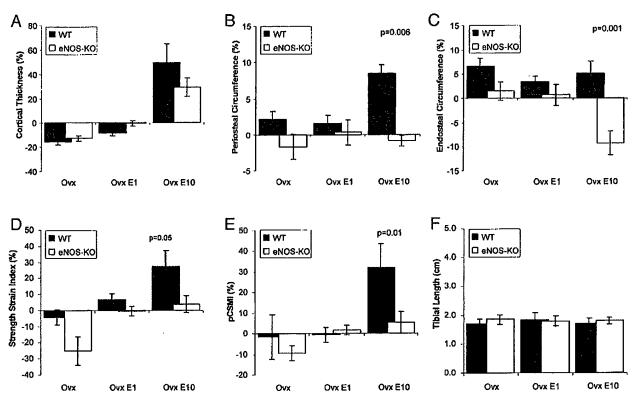


Fig. 4. Response of bone geometry and biomechanical variables to Ovx and estrogen replacement. Geometric and predicted biomechanical variables were measured at the tibial metaphysis by pQCT in eNOS KO and WT mice undergoing ovariectomy (Ovx) and treatment with 1 μ g or 10 μ g estrogen pellets (Ovx E1 and Ovx E10). A–C, The response of cortical thickness, periosteal circumference and endosteal circumference; D–F, the response of strength strain index, polar cross-sectional moment of inertia (pCSMI) and tibial length. Values are means \pm SEM of 7–25 animals per group and are expressed as a percentage change in relation to the values observed in WT sham operated animals, to correct for the effects of skeletal growth, with the exception of tibial length, which was measured in cm on termination of the experiment. Pairwise differences between eNOS KO and WT groups are indicated by the P values. There were significant differences within each genotype between sham and Ovx (P < 0.01); sham and Ovx E10 (P < 0.001) and between Ovx and Ovx E10 (P < 0.001) for cortical thickness and endosteal circumference. Ovx E1 did not differ from Ovx for any variable in either genotype group.

Studies with peripheral quantitative computed tomography showed that eNOS KO mice had significantly reduced bone mineral density in both cortical and trabecular compartments when compared with WT controls as well as a reduction in cortical thickness, and an increase in endosteal circumference. These abnormalities in bone density and bone geometry were accompanied by a significant reduction in strength strain index, which is a predicted variable reflecting the bending strength of bone (28). The abnormalities of bone mass and bone structure noted in eNOS KO mice were not restricted to a single skeletal site or to a specific stage in life, because we observed a reduction in density of the calvarial bones by pQCT at 19 days of age and found that the abnormalities of BMD in the tibiae persisted in mice of up to 20 weeks of age. These observations indicate that eNOS deficiency has generalized effects on the skeleton that are apparent early in life and persist to the attainment of peak bone mass and beyond.

Bone histomorphometric studies were undertaken to define the mechanisms responsible for the reduction in bone mass and these showed a profound defect in bone formation in eNOS KO mice when compared with WT, as reflected by reductions in osteoblast number, osteoblast surface and mineral apposition rate. Although osteoclast numbers were marginally higher in eNOS KO mice when compared with WT controls, there was no significant difference between the genotypes in this parameter or any of the other bone resorption indices studied. These data indicate that the reduced bone mass observed in eNOS KO mice is primarily due to a defect in bone formation rather than an increase in bone resorption. Although we cannot completely exclude the possibility that subtle differences in osteoclast activity may have contributed to the phenotype observed, our data strongly suggest that the marked increases in osteoclast activity noted in rodents that have been given the NOS inhibitor aminoguanidine (16, 17) is due to inhibition of other NOS isoforms or other L-arginine-dependent metabolic pathways rather than eNOS inhibition.

Consistent with the histomorphometric studies, cultured osteoblasts from eNOS KO mice had significantly reduced rates of growth and alkaline phosphatase activity when compared with WT osteoblasts. Although further studies will be required to investigate the nature of the osteoblast defect in more detail, these data clearly show that the eNOS pathway

plays an essential role in regulating osteoblast differentiation and function in vitro and in vivo. Because eNOS deficiency results in hypertension, it is conceivable that alterations in the vascular supply to bone during growth and development may also have contributed to the phenotype observed. This possibility is difficult to address directly in the absence of validated methods for assessing bone vasculature or blood supply during development in mice. Evidence from other sources indicates that hypertension alone is unlikely to explain the phenotype observed however. Firstly, reduced osteoblast activity has not been observed in other rodents with genetically determined hypertension such as the spontaneously hypertensive rat, which instead shows evidence of secondary hyperparathyroidism and increased bone turnover (36, 37). This observation argues against a direct inhibitory effect of raised blood pressure on osteoblast function and bone formation. Secondly, one cannot invoke reduced blood flow as a cause for the persistent abnormalities of osteoblast function which were noted in vitro. From this it would appear likely that the primary reason for defective osteoblast function in eNOS KO animals is deficiency of eNOS, rather than the effects of hypertension on bone during bone development.

One of the most striking abnormalities that we observed in the present study was marked blunting of the anabolic response to high dose estrogen in ovariectomized eNOSdeficient mice when compared with WT controls. Previous studies have indicated that this response is primarily due to increased bone formation (26), which is consistent with the histomorphometric and cell culture data showing that eNOS deficiency is associated with impaired osteoblast activity and defective bone formation. The abnormal response of alkaline phosphatase to PTH treatment in vitro suggests that the defect in osteoblast function may be a generalized one rather than estrogen specific, but further studies will be required to determined whether the response to other anabolic agents in vivo is similarly impaired in eNOS KO mice.

We observed no difference in the degree of bone loss or response of geometric parameters to ovariectomy in eNOS KO mice when compared with WT controls, which is consistent with a role for NO-independent pathways in this response (38, 39), nor did we observe differences in the response to low dose estrogen. Although our studies were carried out in female mice, because of the previously demonstrated link between eNOS and estrogen responsiveness in bone (10), similar studies by other workers have shown evidence of osteopenia in male mice with eNOS deficiency indicating that the effects on bone are not gender specific (40).

It is recognized that BMD values can differ markedly between different mouse strains as the result of genetic influences (41). Differences in genetic background cannot readily be invoked as an explanation for the effects observed here because these differences were minimized by breeding F1 heterozygotes for 7 generations onto the background C57BL/6 strain to obtain an inbred colony before the experiments commenced. In support of this view, recent work also showed evidence of reduced trabecular bone volume and impaired osteoblast function in a different colony of mice with eNOS deficiency (40).

In conclusion, our results show that eNOS is essential for

normal osteoblast differentiation and function and that eNOS deficiency is associated with reduced bone mass and an impaired anabolic response to high dose estrogen. These data suggest that eNOS plays a key role in regulating osteoblast function and raises the possibility that the eNOS pathway might represent a novel target for pharmacological modulation to increase bone formation.

Acknowledgments

We thank Dr. R. J. van 't Hof (Department of Medicine and Therapeutics, University of Aberdeen, UK) for modifying the software for automated histomorphometric analysis, Mr. A. McKinnon and Mrs. L. Doverty for preparing the histology samples, and Dr. W. D. Fraser (University of Liverpool, UK) for performing the 17β-estradiol assay.

References

- 1. Evans DM, Ralston SH 1996 Nitric oxide and bone. J Bone Miner Res 11:300~305
- Hukkanen M, Hughes FJ, Lee D, Buttery K, Gross SS, Evans TJ, Seddon S, Riveros-Moreno V, MacIntyre I, Polak JM 1995 Cytokine stimulated expression of inducible nitric oxide synthase by mouse, rat and human ostcoblast-like cells and its functional role in osteoblast metabolic activity. Endocrinology 136:5445-5453
- 3. Lowik CWGM, Nibbering PH, Van der Ruit M, Papapoulos SB 1994 Inducible production of nitric oxide in osteoblast like cells and in fetal bone explants is associated with supression of osteoclastic bone resorption. J Clin Invest
- Ralston SH, Grabowski PS 1996 Mechanisms of cytokine induced bone re-sorption: role of nitric oxide, cyclic guanosine monophosphate and prosta-
- Ralston SH, Ho LP, Helfrich MH, Grabowski PS, Johnston PW, Benjamin N 1995 Nitric oxide: a cytokine-induced regulator of bone resorption. J Bone Miner Res 10:1040-1049
- 6. Ralston SH, Todd D, Helfrich M, Benjamin N, Grabowski PS 1994 Human
- osteoblast-like cells produce nitric oxide and express inducible nitric oxide synthase. Endocrinology 135:330–336
 Pitsillides AA, Rawlinson SC, Suswillo RF, Bourrin S, Zaman G, Lanyon LE 1995 Mechanical strain-induced NO production by bone cells: a possible role in adaptive bone (re)modeling? FASEB J 9:1614–1622
- Klein-Nulend J, Helfrich MH, Sterck JGH, MacPherson H, Joldersma M, Ralston SH, Semeins CM, Burger EH 1998 Nitric oxide response to shear stress by human bone cell cultures is endothelial nitric oxide synthase dependent dent. Biochem Biophys Res Commun 250:108-114
- Klein-Nulend J, Semeins CM, Ajubi NE, Nijweide PJ, Burger EH 1995
 Pulsating fluid flow increases nitric oxide (NO) synthesis by osteocytes but not periosteal fibroblasts—correlation with prostaglandin upregulation. Biochem
- Biophys Res Commun 217:640-648

 10. Armour KE, Ralston SH 1998 Estrogen upregulates endothelial constitutive nitric oxide synthase expression in human osteoblast-like cells. Endocrinology
- 11. MacIntyre I, Zaidi M, Towhidul Alam ASM, Datta HK, Moonga BS, Lidbury PS, Hecker M, Vane JM 1991 Osteoclast inhibition: an action of nitric oxide
- not mediated by cyclic GMP. Proc Natl Acad Sci USA 88:2936-2940

 12. Brandi ML, Hukkanen M, Umeda T, Moradi-Bidhendi N, Blanchi S, Gross SS, Polak JM, MacIntyre I 1995 Bidirectional regulation of osteoclast function
- by nitric oxide synthase isoforms. Proc Natl Acad Sci USA 92:2954–2958

 13. Riancho JA, Salas E, Zarrabeitia MT, Olmos JM, Amado JA, Fernandez-Luna JL, Gonzalez-Macias J 1995 Expression and functional role of nitric oxide synthase in osteoblast-like cells. J Bone Miner Res 10:439–446

 14. Wimalawansa SJ, De Marco G, Gangula P, Yallampalli C 1996 Nitric oxide donor alleviates ovariectomy-induced bone loss. Bone 18:301–304
- 15. Armour KE, van't Hof RJ, Grabowski PS, Reid DM, Ralston SH 1999 Evidence for a pathogenic role of nitric oxide in inflammation-induced osteoporosis. J Bone Miner Res 14:2137-2142
- 16. Kasten TP, Collin-Osdoby P, Patel N, Osdoby P, Krukowski M, Misko TP, Settle SL, Currie MG, Nickols GA 1994 Potentiation of osteoclast boneresorption activity by inhibition of nitric oxide synthase. Proc Natl Acad Sci
- Tsukahara H, Miura M, Tsuchida S, Hata I, Hata K, Yamamoto K, Ishii Y, Muramatsu I, Sudo M 1996 Effect of nitric oxide synthase inhibitors on bone metabolism in growing rats. Am J Physiol 270:E840-E845
- Turner CH, Owan I, Jacob DS, McClintock R, Peacock M 1997 Effects of nitric oxide synthase inhibitors on bone formation in rats. Bone 21:487–490
- 19. van't Hof RJ, Armour KJ, Smith LM, Armour KB, Wei XQ, Liew FY, Ralston SH 2000 Requirement of the inducible nitric oxide synthase pathway for IL-1-induced osteoclastic bone resorption. Proc Natl Acad Sci USA 97:7993-7998

- 20. Peterson DA, Peterson DC, Archer S, Weir EK 1992 The non-specificity of specific nitric oxide synthase inhibitors. Biochem Biophys Res Commun
- Godecke A, Decking UK, Ding Z, Hirchenhain J, Bidmon HJ, Godecke S, Schrader J 1998 Coronary hemodynamics in endothelial NO synthase knock-out mice. Circ Res 82:186–194
- 22. Parfitt AM 1988 Bone histomorphometry: standardization of nomenclature,
- symbols and units. Summary of proposed system. Bone Miner 4:1-5

 23. Mosmann T 1983 Rapid colorimetric assay for cellular growth and survival: application to proliferation and cytotoxicity assays. J Immunol Methods
- Beresford JN, Gallacher JA, Poser JW, Russell RGG 1984 Production of osteo-calcin by human bone cells in vitro. Effects of 1,25(OH)2D3, 24,25(OH)2D3, parthyroid hormone and glucocorticoids. Metab Bone Dis Relat Res 5:229-234
 25. Kimble RB, Bain S, Pacifici R 1997 The functional block of TNF but not of IL-6
- prevents bone loss in ovariectomized mice. J Bone Miner Res 12:935-941
- Samuels A, Perry MJ, Tobias JH 1999 High-dose estrogen induces de novo medullary bone formation in female mice. J Bone Miner Res 14:178–186
 Bain SD, Bailey MC, Celino DL, Lantry MM, Edwards MW 1993 High-dose
- estrogen inhibits bone resorption and stimulates bone formation in the ovari-
- ectonized mouse. J Bone Miner Res 8:435-442
 28. Jamsa T, Jalovaara P, Peng Z, Vaananen HK, Tuukkanen J 1998 Comparison of three-point bending test and peripheral quantitative computed tomography analysis in the evaluation of the strength of mouse femur and tibia. Bone 23:155-161
- 29. Helfrich MH, Evans DE, Grabowski PS, Pollock JS, Ohshima H, Ralston SH 1997 Expression of nitric oxide synthase isoforms in bone and bone cell cultures. J Bone Miner Res 12:1108-1115
- 30. Fox SW, Chow JW 1998 Nitric oxide synthase expression in bone cells. Bone

- Weiner CP, Lizasoain I, Baylis SA, Knowles RG, Charles IG, Moncada S 1994
 Induction of calcium-dependent nitric oxide synthases by sex hormones. Proc
 Natl Acad Sci USA 91:5212-5216
- MacPherson H, Noble BS, Raiston SH 1999 Expression and functional role of nitric oxide synthase isoforms in human osteoblast-like cells. Bone 24:179–185
 Brandi ML, Hukkanen M, Umeda T, Moradi-Bidhendi N, Bianchi S, Gross
- SS, Polak JM, MacIntyre I 1995 Bidirectional regulation of osteoclast function by nitric oxide synthase isoforms. Proc Natl Acad Sci USA 92:2954-2958
 34. MacIntyre I, Zaidi M, Alam AS, Datta HK, Moonga BS, Lidbury PS, Hecker
- M, Vane JR 1991 Osteoclastic inhibition: an action of nitric oxide not mediated by cyclic GMP. Proc Natl Acad Sci USA 88:2936-2940
- Turner CH, Takano Y, Owan I, Murrell GA 1996 Nitric oxide inhibitor L-NAME suppresses mechanically induced bone formation in rats. Am J Physiol 270:E634-E639
- Barbagallo M, Quaini F, Baroni MC, Barbagallo CM, Boiardi L, Passeri G, Arlumo B, Delsignore R, Passeri M 1991 Histological evidence of increased turnover in bone from spontaneously hypertensive rats. Cardioscience 2:15-17
- Merke J, Lucas PA, Szabo A, Cournot-Witmer G, Mall G, Bouillon R, Drucke T, Mann J, Ritz E 1989 Hyperparathyroidism and abnormal calcitriol metabolism in the spontaneously hypertensive rat. Hypertension 13:233–242
- Pacifici R 1998 Cytokines, estrogen, and postmenopausal osteoporosis—the second decade. Endocrinology 139:2659–2661
 Manolagas SC, Jilka RL 1995 Bone marrow, cytokines, and bone remodeling.
- Emerging insights into the pathophysiology of osteoporosis. [Review]. N Engl J Med 332:305-311
- 40. Buttery LD, Aguirre IJ, Hukkanen MV, Mancini L, Moradi-Bidhendi N, Huang PL, MacIntyre I, Polak JM 1999 Nitric oxide stimulates osteoblast replication and development. J Bone Miner Res [Suppl]14:1154 (Abstract)

 41. Beamer WG, Donahue LR, Rosen CJ, Baylink DJ 1996 Genetic variability in
- adult bone density among inbred strains of mice. Bone 18:397-403